



Triscuit Original Crackers are Vegan!
Starting with 3 simple ingredients and baked with 100% whole grain wheat, there's a wholesome crunch in every bite of Triscuit Original Crackers.

**NUTRITION
PROFESSIONAL
INSIDER LOOK!**



CHECK OUT OUR VEGAN TRISCUIT OFFERINGS:

Triscuit Original, Triscuit Hint of Salt, Triscuit Reduced Fat, Triscuit Minis Original, Triscuit Thin Crisps Original, Triscuit Organic Original, Triscuit Thin Crisps Organic Original

TRISCUIT Original Crackers
Nutrition as shown on 8.5 oz. box

WHY CHOOSE TRISCUIT ORIGINAL CRACKERS?

- ✓ Starts with 3 simple ingredients
- ✓ No artificial colors or flavors
- ✓ Vegan
- ✓ Baked with 100% whole grain wheat
- ✓ 24-26g whole grain per 28-30g serving*
- ✓ Non-GMO Project Verified
- ✓ Good Source of Fiber†

| Nutrition Facts | |
|--------------------------------------|------------|
| about 9 servings per container | |
| Serving size 6 crackers (28g) | |
| Amount per serving | |
| Calories | 120 |
| % Daily Value* | |
| Total Fat 3.5g | 4% |
| Saturated Fat 0g | 0% |
| <i>Trans Fat</i> 0g | |
| Cholesterol 0mg | 0% |
| Sodium 170mg | 7% |
| Total Carbohydrate 20g | 7% |
| Dietary Fiber 3g | 11% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 10mg | 0% |
| Iron 1.4mg | 8% |
| Potassium 120mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Snack
Mindfully**

Take time to enjoy the bold woven texture and big crunch of Triscuit Original Crackers, baked with 100% whole grain wheat, for wholesome afternoon deliciousness.

*Nutritionists recommend eating 48g or more of whole grains throughout the day.
†Contains 3.5g total fat per serving.

Unapologetically Wholesome.
Developed by & for nutrition professionals. For more flavor and nutrition information, visit www.triscuit.com.