

GOOD THINS
gluten free

GOOD THINS snacks are Gluten Free! With delicious flavor and a light crunch in every savory bite, these snacks are great for munching.

**NUTRITION
PROFESSIONAL
INSIDER LOOK!**

SNACK DELICIOUSLY GLUTEN-FREE WITH 8 AVAILABLE FLAVORS:

sea salt, simply salt, jalapeño & lime, garden veggie, barbecue, sea salt & pepper, parmesan & garlic and three cheese



GOOD THINS jalapeño & lime Corn & Rice Snacks

Nutrition as shown on 3.5 oz. box

Nutrition Facts

about 3 servings per container

Serving size 38 pieces (30g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 180mg 8%

Total Carbohydrate 24g 9%

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.7mg **4%**

Potassium 70mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

WHY CHOOSE GOOD THINS SNACKS?

- ✓ **Certified Gluten-Free**
- ✓ **Non-GMO Project Verified**
- ✓ **No artificial colors or flavors**
- ✓ **No high fructose corn syrup**

**Snack
Mindfully**

Choose the amount of crackers that's right for you then, savor the light crunchy texture and delicious flavor in every bite of GOOD THINS snacks.

Snack Deliciously. Gluten Free.

Developed by & for nutrition professionals. For more product and nutrition information, visit www.goodthins.com.